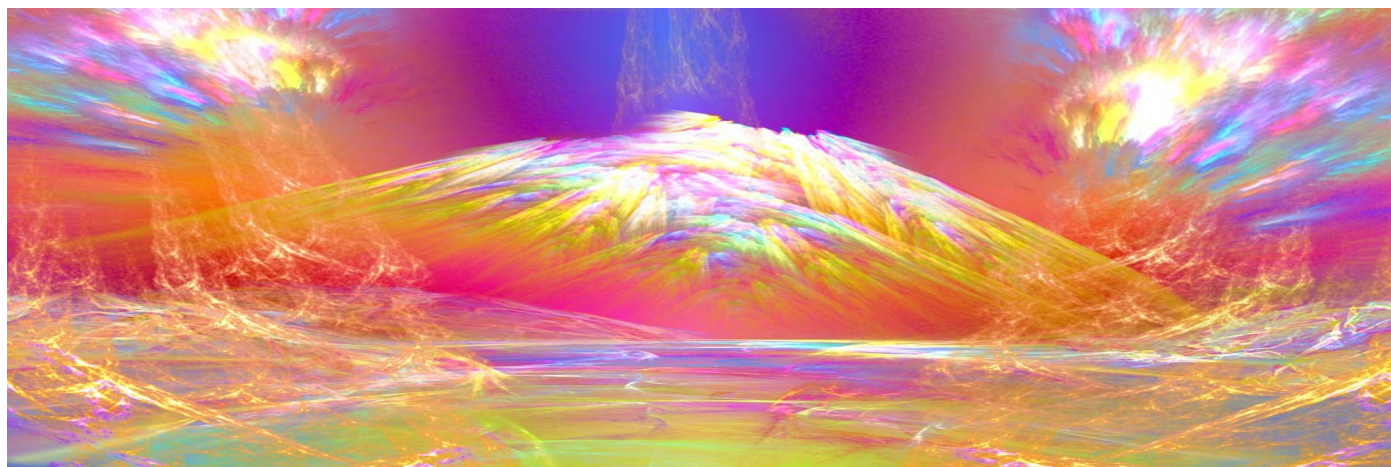




""We are all can make a New Time of Freedom Real""

Some of you probably hear already about opening on 27 /06 ""Hawaii Star Visitor Sanctuary "" what can be very important for the future of this Planet and all inhabitants . This small island in the huge ocean can have potential much more, then whole continents and this Event can be the start of real changing of full history of this Planet and whole Universe . All this now is in hands of humanity ,all of you what kind of future or now it will be.. So listen to you heart,listen to you soul and made a right choice . Don't listen to you ego or you mind,they don't help you,it is not real, who you are...They are only help keep you in illusion of the game in this life..Reality is much more beautiful, colorful and full of love and ...



So I invite you all help make changes on this Planet on physical level like support this meditation ,support work of this very brave and wise people and who know ,maybe very soon we all can meet our Star Family back. If never try,then never know...

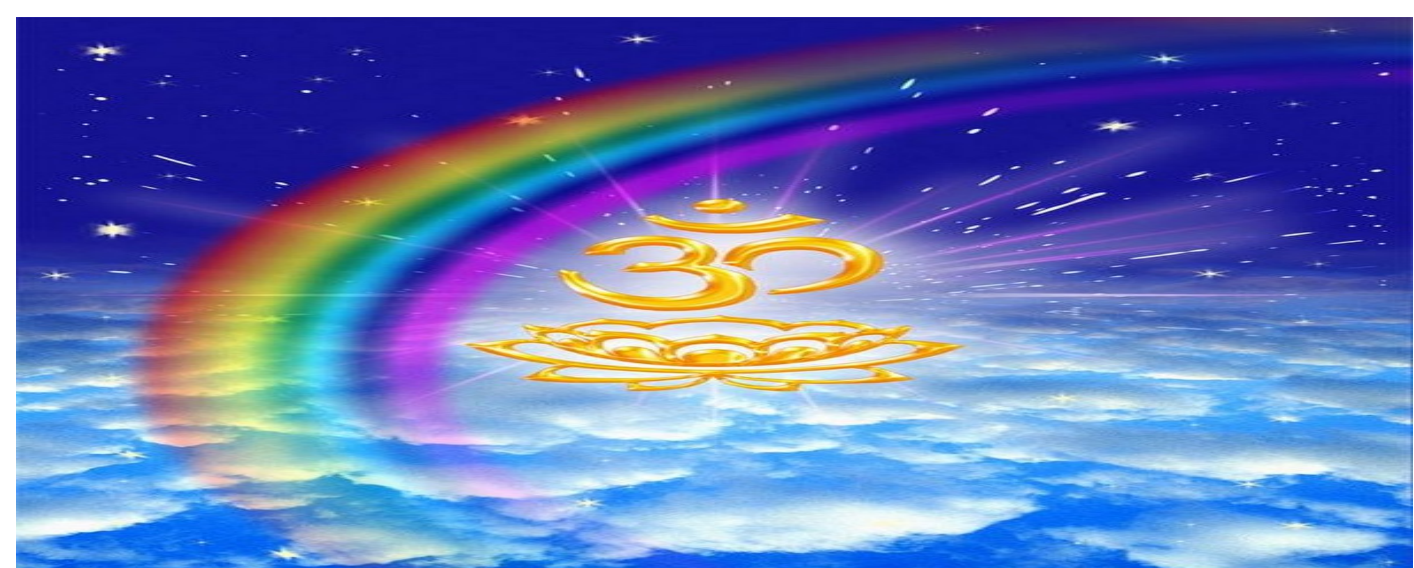
Because this is very special important Event , I ask everyone who can for all this days before and the day itself Ceremonies to do the following:

- Don't eat especially red meat, do not use alcohol or drugs, drink only clean water, green tea, natural juices, eat as much as possible fruits and vegetables, especially green, try to spend the maximum amount of time in nature, especially good nearly or in the water, do only thinks what causing positive emotions, brings peace and joy in your soul. The meat have only death energy ,like alcohol & drugs ,so in real they don't help you to be healthy and raise up your vibration, especially if you consider the quality and the manner of their manufacturing on Terra ... they are not friendly and not healthy . but I want to repeat,

that all this does not necessarily comply and do all what is possible for you. it is clear, that all have a different possibility... it just wishes and who will perform them, can feel the difference and understand some things ..

As well here post some mandalas and it can be very good, if each of you can look on them how much and how long possible .They are all have some healing effects and so on . At the time that you looking on mandala try get relax and in your mind or a hearing ,how will be more comfortable for you to say a combination of "OM" so, that it combination abates somewhere in the depths of your consciousness.it can ""sound"" something like "" Oooooommmmm..""silence.. then you can repeat it again. Important : do not need to strain, just calm and relaxed state all time you do this .. you can open and close your eyes ,how much you feel need it for you.

Mandala ""OM""



Mandala ""Freedom of Love""



Mandala ""Energy of sounds""



""We are all can make a New Time of Freedom Real""

So. Sit calm, quiet breathing. Relax, relax totally. Add up the palms in Gasse. Close your eyes. Connect to Kundalini Reiki and say affirmations

"I ask the Higher Teachers, Higher Beings and all the Higher Powers to allow me to connect to the Kundalini Reiki Meditation - ""**We are all can make a New Time of Freedom Real** "" and help us all". Feel the flow energy of Kundalini Reiki. After that, you can put your hands as you are comfortable or leave in mole position (Gasse).

Feel and imagine, that you are in the stream (beam, channel ...)of Pure Kundalini Reiki Energy, that descends on you from space and goes to the center of the Terra . Be in this stream of energy . Just be , be aware and watch what is happening . Passed through you this Energy yourself , let it be in you and yourself to be in it. Feel and " a see " as Reiki fills you with the brightest Energy, as Light KR fills your entire being. Become this Light , merge with it, dissolve it and then just be . Just watch what is happening. Dissolve so much, that do not leave any thoughts, no emotions, no feelings, no sensations - nothing ,but awareness of your individuality and boundless energy of Kundalini Reiki



Look before you is blue plasma Planet -Star . It is Terra/Earth/Gaia/Mita . open you heart, you soul and let go through yourself this pure light , unconditional love to her and you ll see how she start to glow . Around you can find much other beings, what looks different ,but all have the same like you inside love&light . It is your Star Family came to help . Feel yours connection to them, let you all came to the surface of Planet to be together . you have wait this for so

long .Now you can make this.. You are not alone,your Star Family came with you on the surface of this beautiful Planet and bring Unconditional Love and Freedom to all . feel this connection ,stay on this moment . feel Freedom to be yourself. Enjoy it..



Remember, you are in meditation - the observer , a witness. Watch for energy , thoughts, emotions , feelings and do not interfere , just - Testify ! Remember that you are the one, who is watching you ,someone who sees these your thoughts , emotions Watch the observer of your thoughts ... Just be in the moment , just exist .. In this meditation there is no past , no future, only now, there is only this moment , be in the moment , be here and now .

Allow yourself just to be...

At the end of meditation slowly proceed to the normal state of consciousness , inhale , exhale , slowly open and close your eyes a few times.

After the meditation , if you feel a lot of energy in itself - , ground or make balance Reiki



As well thank Kundalini Reiki , Higher beings and members of this meditation.

thank you all